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VENTAS CEO NAMED CHAIR OF NAREIT

CHICAGO, IL (November 9, 2009) – Ventas, Inc. (NYSE: VTR) (“Ventas” or the “Company”) said today that Chairman, President and Chief Executive Officer Debra A. Cafaro has been elected Chair of the National Association of Real Estate Investment Trusts (“NAREIT”) for 2009-2010. Ms. Cafaro served as First Vice Chair of NAREIT for 2008-2009.

“It is an honor to be named Chair of NAREIT,” said Cafaro. “During my term, I will be focused on articulating the value proposition of real estate investment trusts and working with policymakers on initiatives to increase debt and equity capital flows to REITs.”

Cafaro has been the President and Chief Executive Officer of Ventas since 1999. She also serves as a member of the Board of Directors of Weyerhaeuser Company (NYSE: WY); World Business Chicago, Chicago’s not-for-profit economic development corporation chaired by Mayor Richard M. Daley; and the Real Estate Roundtable. Prior to joining Ventas, Cafaro served as President and a Director of Ambassador Apartments, Inc. (NYSE: AAH), a multifamily REIT. Cafaro received her J.D. cum laude from the University of Chicago Law School in 1982 and her B.A. magna cum laude from the University of Notre Dame in 1979.

NAREIT is the worldwide representative voice for REITs and publicly traded real estate companies with an interest in U.S. real estate and capital markets. NAREIT's members are REITs and other businesses throughout the world that own, operate and finance income-producing real estate, as well as those firms and individuals who advise, study and service those businesses.

Ventas, Inc., an S&P 500 company, is a leading healthcare real estate investment trust. Its diverse portfolio of properties located in 43 states and two Canadian provinces includes seniors housing communities, skilled nursing facilities, hospitals, medical office buildings and other properties. More information about Ventas can be found on its website at www.ventasreit.com.